



## HEALTH BENEFITS CONTACT SHEET

Medical / Pharmacy Plans		
<b>Reta United Health Care (UHC) Plan</b> Group ID #: 904702	(877) 844-4999	<a href="http://www.myuhc.com">www.myuhc.com</a>
<b>Envision Rx</b> (UHC and Reta Value Option Program)	(844) 852-7437	<a href="http://www.envisionrx.com">www.envisionrx.com</a>
<b>Reta Kaiser Medical &amp; Pharmacy Plan</b> Group ID #: 19969	(800) 570-5183	<a href="http://www.kp.org">www.kp.org</a>

Dental / Vision Plans		
<b>Willamette Dental</b> Group ID #: OR10	(855) 433-6825	<a href="http://www.willamettedental.com">www.willamettedental.com</a>
<b>Delta Dental of California</b> Group ID #: 17706	(800) 765-6003	<a href="http://www.deltadentalins.com">www.deltadentalins.com</a>
<b>Kaiser Permanente Dental</b> Group ID #: 03766	(800) 813-2000	<a href="http://www.kaiserpermanentedentalnw.org">www.kaiserpermanentedentalnw.org</a>
<b>VSP Vision</b> Group ID #: 30032427	(800) 877-7195	<a href="http://www.vsp.com">www.vsp.com</a>

UNUM Short-/Long-Term Disability, Additional Life / AD&D Plans		
<b>Basic Life / AD&amp;D</b> Group ID #: 105259	(866) 679-3054	<a href="http://www.unum.com">www.unum.com</a>
<b>Additional Life</b> Group ID #: 393809	(866) 679-3054	<a href="http://www.unum.com">www.unum.com</a>
<b>Short-/Long-Term Disability (STD &amp; LTD)</b> Group ID #: 105259	(877) 851-7637	<a href="http://www.unum.com">www.unum.com</a>

Employee Services		
<b>BAS Customer Service (MyEnroll Services)</b> Dependent Care Reimbursement Plan (DCRP) & Healthcare FSA	(877) 303-7382	<a href="mailto:service@retaenroll.org">service@retaenroll.org</a>
<b>Employee Assistance Program (EAP)</b> Group ID #: 5125 Access Code:	(800) 227-1060	<a href="https://members.mhn.com">https://members.mhn.com</a>
<b>Employee Wellness Program (WebMD)</b>	(866) 302-6343	<a href="http://www.retatrust.org">www.retatrust.org</a> (click 'WebMD' link)

Archdiocese of Portland		
<b>Makayla Halkinrude-Allmaras</b> Human Resources Analyst	(503) 233-8317 (ph) (503) 235-0417 (fax)	<a href="mailto:mhalkinrude@archdpdx.org">mhalkinrude@archdpdx.org</a>
<b>Elaine Allred</b> Benefits Coordinator	(503) 233-8347 (ph) (503) 235-0417 (fax)	<a href="mailto:eallred@archdpdx.org">eallred@archdpdx.org</a>

If you would like to read more about a specific benefit, log in to the Reta Benefits Center at [RetaTrust.org](http://RetaTrust.org).  
 The Reta Benefits Center is available to you 24 hours a day, 7 days a week. If you need assistance or you have forgotten your user ID and/or password, please contact MyEnroll Services at (877)-303-7382 or [Service@RetaEnroll.Org](mailto:Service@RetaEnroll.Org)